

Child's Name _____

Date of Birth _____

I feed my child:

- _____ Human Milk
- _____ Formula
- _____ Other

Formula Instructions/Preferences

_____ I wish my provider to prepare formula for my child.

They need to mix _____ (amount of water) with _____ (amount of formula).

_____ I will provide bottled water to mix. OR

_____ The provider can use tap water.

_____ I do not wish my provider to mix formula. I will provide a daily supply of formula.

TIME OF DAY	TYPE OF FOOD AND AMOUNT	ADDITIONAL COMMENTS

Please include any special feeding instructions for during or after feeding. (i.e. positioning, burping, discarding/sending home, etc.) _____

REMEMBER:

- ✦ NYS OCFS regulations prohibit the use of a microwave oven when heating an infant's bottle or food. All bottles and jar food will be warmed in a bottle warmer or must be sent in a thermos.
- ✦ Unused portions of food, which the child has been spoon-fed, must be discarded after each feeding or returned to the parent at the end of the day.
- ✦ Any milk, formula, or human milk that is served, but not completely consumed will be discarded after one hour.
- ✦ A provider may not reheat or reuse the same bottle or jar of food the child has already been fed from.
- ✦ All bottles and food sent from home must be labeled with first and last name. Human milk stored must be dated.
- ✦ Milk, formula, and human milk cannot be stored in the classroom refrigerator for more than 48 hours.
- ✦ Cereal and other solid foods will not be added to bottles, unless written instructions and a medical reason for this practice is provided by the pediatrician.
- ✦ Providers will not offer solid foods or juices to infants younger than 4 months old unless that practice is recommended in writing by the pediatrician.

(Parent Signature)

(Date)

It is the responsibility of the parent to update the infant feeding instructions and schedule as needed when feeding routines change and new foods are introduced.