

Child's Name \_\_\_\_\_

Date of Birth \_\_\_\_\_

I feed my child:

- \_\_\_\_\_ Human Milk
- \_\_\_\_\_ Formula
- \_\_\_\_\_ Other

**Formula Instructions/Preferences**

\_\_\_\_\_ I wish my provider to prepare formula for my child.

They need to mix \_\_\_\_\_ (amount of water) with \_\_\_\_\_ (amount of formula).

\_\_\_\_\_ I will provide bottled water to mix. OR

\_\_\_\_\_ The provider can use tap water.

\_\_\_\_\_ I do not wish my provider to mix formula. I will provide a daily supply of formula.

| TIME OF DAY | TYPE OF FOOD AND AMOUNT | ADDITIONAL COMMENTS |
|-------------|-------------------------|---------------------|
|             |                         |                     |
|             |                         |                     |
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|             |                         |                     |
|             |                         |                     |
|             |                         |                     |

Please include any special feeding instructions for during or after feeding. (i.e. positioning, burping, discarding/sending home, etc.) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**REMEMBER:**

- NYS OCFS regulations prohibit the use of a microwave oven when heating an infant's bottle or food. All bottles and jar food will be warmed in a bottle warmer or must be sent in a thermos.
- Unused portions of food, which the child has been spoon-fed, must be discarded after each feeding or returned to the parent at the end of the day.
- Any milk, formula, or human milk that is served, but not completely consumed will be discarded after one hour.
- A provider may not reheat or reuse the same bottle or jar of food the child has already been fed from.
- All bottles and food sent from home must be labeled with first and last name.
- Milk, formula, and human milk cannot be stored in the classroom refrigerator for more than 48 hours.
- Cereal and other solid foods will not be added to bottles, unless written instructions and a medical reason for this practice is provided by the pediatrician.
- Providers will not offer solid foods or juices to infants younger than 6 months old unless that practice is recommended in writing by the pediatrician.

\_\_\_\_\_  
(Parent Signature)

\_\_\_\_\_  
(Date)

**It is the responsibility of the parent to update the infant feeding instructions and schedule as needed when feeding routines change and new foods are introduced.**